

Breakfast! Since it's the most important meal of the day, you might as well make it your favourite.



Try going nuts with this recipe for homemade cereal!

In a large bowl, mix
oat flakes..



..with your favourite
nuts.



You can crush the nuts
or leave them whole.



I prefer crushing them.

This time, I chose
sesame & pumpkin seeds.



If you'd like, you
could also add some
seeds.



For this batch, I chose



hazelnuts, walnuts &
almonds.

Mixture number 1



Next up,

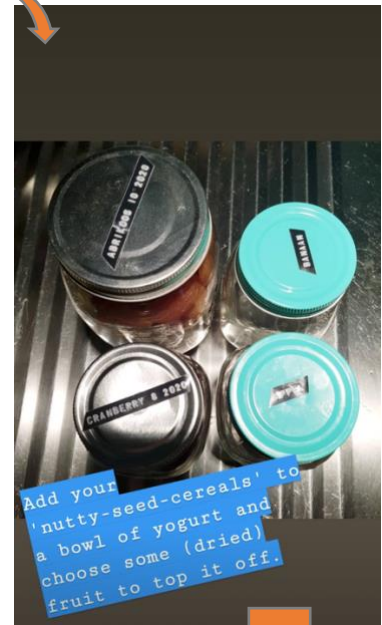
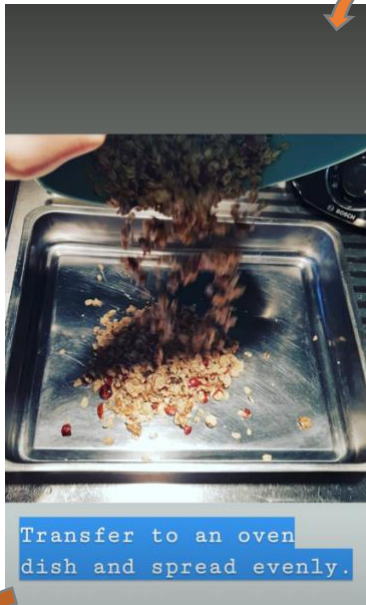


mix a teaspoon of salt

With a tablespoon of
honey



(Or 2, if you have a
sweet tooth like me ;-)



My favourites are
cranberries & apple.



Enjoy!